



Breakfast No-Bake Granola Bars

Prep time:	Cook time:	Yield:	
15 MIN	10 MIN	16 Servings	
Ingredients:		Directions:	
2 ½ cups toasted rice cereal 2 cups old-fashioned oatmeal		In a large bowl, stir together the rice cereal, oatmea and raisins.	ıl

In a small saucepan mix together the brown sugar and corn syrup. Turn the heat to medium-high. Stir constantly while the mixture is brought to a boil. Once boiling, remove the saucepan from the heat. Stir the peanut butter and vanilla into the sugar mixture in the saucepan. Blend until smooth. Pour the peanut butter mixture over the cereal mixture in the large bowl. Mix well. Press the mixture into an 8″ x 8″ baking pan. When cool, cut into 16 bars.

Notes:

1/2 cup raisins

1/2 cup light corn syrup

1/2 cup peanut butter

1 teaspoon vanilla

1/2 cup firmly packed brown sugar

Make your own granola bars and pack them to go to school or anywhere! To avoid peanuts or peanut butter, try sunflower seeds or sunflower seed butter.

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